

## How to arrange a blood draw for testing

To arrange a blood draw, you will need to contact your physician or local phlebotomist. You may also schedule an appointment for a fee at [travalab.com/prodrome-sciences](http://travalab.com/prodrome-sciences) or scan the QR code to book a home blood draw! Please note this service is not affiliated with Prodrome and is a third-party service provider presented for your convenience.

SCAN TO BOOK A BLOOD DRAW



### PRODROMESCAN BLOOD TEST COLLECTION KIT INSTRUCTIONS

#### 1 CLIENT: FASTING IS REQUIRED

- Do not eat or drink any beverage except for water.
- Fast for 10 to 12 hours.



#### 2 CLIENT: PREPARE THE MATERIALS BEFORE BLOOD DRAW

- Place ice packs in water for 5 minutes.
- Put ice packs in the freezer until blood draw.
- Fill out **REQUIRED** sections and sign the **Test Requisition** form.
- Hand frozen ice packs and completed form to phlebotomist.



#### 3 PHLEBOTOMIST: PROCESS THE BLOOD COLLECTED FROM THE CLIENT USING BLOOD DRAW SOP

- The **Phlebotomist Certification** section of the **Test Requisition** form must be filled out and signed by the phlebotomist.
- Use **ONLY** serum samples. Hemolyzed samples will not be accepted.

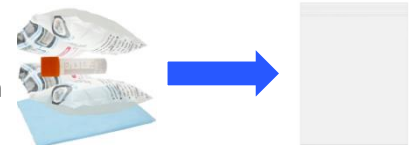


Incomplete labels or labels inconsistent with the Test Requisition form will delay processing or be rejected.

### SERUM SAMPLE PACKAGING AND SHIPPING INSTRUCTIONS

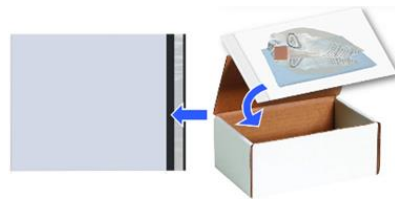
#### 4 PHLEBOTOMIST: PACKAGE SERUM SAMPLE

- Use the absorbent material and place it inside the medium zip bag.
- Take the small zip bag (which should include the parafilm wrapped serum vial), place in between two ice packs, and stick inside medium zip bag.



#### 5 SHIP KIT

- Put medium zip bag inside kit box.
- Place Test Requisition Form on top and close the lid.
- Stick kit box into the mailer and drop off shipment at a FedEx location.



Ensure serum vial is properly wrapped with parafilm.

Ice packs must be inside medium zip bag to prevent leaking.

### RESULTS

Results will be ready in 10 to 14 business days, starting from the date the serum sample was received. Our lab will send results by email. Contact 951 550 0505 or [scheduling@prodromesciences.com](mailto:scheduling@prodromesciences.com) to arrange a call to discuss results.

If registered using a practitioner code, your results will be sent to the email associated with that code.

If a sample is rejected, there may be a charge for a replacement kit.

#### REASONS FOR DELAY IN SAMPLE PROCESSING

- Initials or date of birth do not match on the tube and Test Requisition form.
- Tube not filled out.
- Order # is missing on the **Test Requisition** form.

#### REASONS FOR REJECTION OF SERUM SAMPLE

- The requisition form not sent with the sample. **Will not be notified.**
- The blank requisition form sent with the sample. **Will not be notified.**
- Hemolyzed sample will not be processed.
- Any sample held over 7 days in transit.
- A different SST than what was provided and was used for sample processing.
- Samples with less than 1 mL volume.